



Hyperbaric Oxygen Therapy
Serving the Bay Area since 1998

We are open on weekends!

Clinic location:

14589 S Bascom Ave
Los Gatos, CA95032

p (408) 356-7438, **f** (408) 356-7491
email Referral@OxygenHeals.com

Bay Area Hyperbarics.com

Medical Director

Joyce Lu, MD, RPVI, FSVS, FACS

Consulting Medical Director

John Toth, DO

Clinic Director and Founder

Lisa St. John

Nurse Practitioners

Rachel Kogan, RN, ANP-BC, FMP
Suzanne White, RN, MSN, FNP-C

Safety Director

David Roberts, CHT

Certified Hyperbaric Technologist

Goretti Bui, CHT

Lead Technician

Janet Duran, EMT

Practice Manager

Jim Nieters

Lead Patient Care Coordinator

Nancy Tammen

Conditions Treated:

- Osteoradionecrosis
 - Soft tissue radionecrosis
 - Diabetic wound of the lower extremities, Wagner grade III +
 - Progressive necrotizing infections
 - Chronic refractory osteomyelitis
 - Acute peripheral arterial insufficiency
 - Preservation of skin grafts and flaps
 - Crush injuries and suturing of severed limbs
 - Actinomycosis
 - Post-surgical healing
 - Sudden hearing loss
 - Concussion/TBI
 - Lyme Disease
 - Post-COVID
- and many other conditions.

Rev 6/2026

Patient Prescription for Hyperbaric Oxygen Therapy (HBOT)

HCPCS G0277, CPT 99183

DATE OF REFERRAL _____ / _____ / _____

PATIENT NAME _____

PATIENT DOB _____ / _____ / _____

PATIENT PHONE # (_____) _____

Please send this completed prescription and the patient's recent visit notes to Fax # (408) 356-7491 or email it to Referral@OxygenHeals.com.

Established protocols are shown below. Please modify protocol as appropriate.

Rx: Treat patient with hyperbaric oxygen therapy as specified below

Diabetic non-healing wound Required ICD-10 code: _____

ATA 2.0 Min at pressure: 90 Air breaks: No Daily Tx #: 20, 40, 60

ATA 2.5 Min at pressure: 90 Air breaks: 5m, q30 Daily Tx #: 20, 40, 60

Provider's modified orders to above: _____

Soft tissue radionecrosis Required ICD-10 code: _____

ATA 2.0-2.5 Min at pressure: 90 Air breaks: No Daily Tx #: 40, 60
as tolerated

Provider's modified orders to above: _____

Osteoradionecrosis Required ICD-10 code: _____

ATA 2.5 Min at pressure: 90 Air breaks: 5m, q30 Daily Tx #: 30, 60

Provider's modified orders to above: _____

Chronic refractory osteomyelitis Required ICD-10 code: _____

ATA 2.0 Min at pressure: 90 Air breaks: No Daily Tx #: 30, 60

ATA 2.5 Min at pressure: 90 Air breaks: 5m, q30 Daily Tx #: 30, 60

Provider's modified orders to above: _____

Compromised flap or graft Required ICD-10 code: _____

ATA 2.0 Min at pressure: 90 Air breaks: No Daily Tx #: 20, 40

ATA 2.5 Min at pressure: 90 Air breaks: 5m, q30 Daily Tx #: 20, 40

Provider's modified orders to above: _____

Sudden or acoustic hearing loss Required ICD-10 code: _____

ATA 2.0-2.5 Min at pressure: 90 Air breaks: No Daily Tx #: 30

Provider's modified orders to above: _____

Postconcussional syndrome or TBI Required ICD-10 code: _____

ATA 1.5 Min at pressure: 60 Air breaks: No Daily Tx #: 40, 60

ATA 2.0 Min at pressure: 90 Air breaks: No Daily Tx #: 40, 60

Provider's modified orders to above: _____

OTHER, specify Dx: _____ Required ICD-10 code: _____

ATA: _____ Min at pressure: _____, Air breaks: _____, Daily, Tx #: _____

Provider's consent: I have discussed the benefits, risks, and contraindications of HBOT with my patient. (See reverse side of this prescription.) My patient does not have pneumothorax or a known lung issue, or uncontrolled hypertension. My patient's ears and chest are clear.

X

Provider's signature

Provider Name: _____

NPI: _____

TIN: _____

Phone: (_____) _____

Fax: (_____) _____

Provider Informed Consent for Hyperbaric Oxygen Therapy (HBOT)

Contraindications to HBOT:

Untreated pneumothorax
Certain types of lung disease
Pregnancy
Pulmonary barotrauma

Risks and Side Effects of HBOT:

EARS - If any, the most likely side effect a patient may experience during a hyperbaric oxygen therapy session is middle ear barotrauma. A patient may report difficulty with ear equalization, a feeling of pressure, and possible ear discomfort during compression, which is the initial phase of HBOT. The hyperbaric technician will teach the patient the Valsalva maneuver which is a technique that allows the patient to equalize the pressure in the middle ear. Sipping water can also ease any ear pressure.

SINUS - Sinus squeeze is rare and is caused by changes in pressure. Pain or discomfort may be felt around the sinus areas of the face. This usually occurs if the patient's sinuses are blocked by mucus or tissue. Barotrauma of the paranasal sinuses is also rare and could be caused by a large difference in air pressure between the sinuses and the environment.

BLOOD PRESSURE – An increase in blood pressure may occur. The patient's blood pressure is taken prior to beginning HBOT. Blood pressure protocols are in place.

BLOOD SUGAR – A lowered blood sugar may occur. If diabetic, the patient's blood sugar is checked prior to beginning HBOT. Blood glucose protocols are in place.

OTHER - Some mild physiological changes and symptoms may present themselves over the course of treatments; some may be due to medication interactions. It is important that the patient advises the hyperbaric technician and physician if any unfamiliar symptoms arise, including but not limited to:

- Nausea.
- Changes in vision – temporary changes in eyeglass prescription may occur. These changes may be permanent in about 2% of those patients; usually the change is a vision improvement.
- Numbness or tingling in the fingers or facial twitching.
- Shortness of breath or dizziness.
- Restlessness and/or irritability.
- Tinnitus (ringing of the ears).
- Out of the ordinary physical or mental changes.
- Hyperbaric Fatigue Syndrome – significant fatigue that may occur after treatments.
- Herxheimer Reaction - for patients with infections, fatigue or an enhancement of symptoms may occur as a reaction to the large amount of bacteria being destroyed.
- Oxygen Toxicity - in rare situations (1 in 10,000), oxygen toxicity can produce a seizure. The seizure has no lasting effect. Short air breaks during the treatment can prevent tissues in the body from taking in too much oxygen.

The patient should also contact the clinic as soon as possible if any of the above or any the following occurs during their course of treatment: colds, flu, upper respiratory infection, sinusitis, high fever, viral infection, vomiting, headache, or any other out-of-the-ordinary symptoms or concerns.

Benefits of HBOT:

Hyperbaric oxygen treatment offers many therapeutic benefits, including:

- Increases oxygen concentration in all body tissues
- Shortens healing time of stubborn wounds
- Stimulates growth of new blood vessels and tissue
- Improves white blood cells' ability to control infections
- Effectively treats chronic bone infections
- Preserves skin grafts where circulation is reduced
- Reduces edema (swelling)
- Reverses tissue damage due to radiation therapy